



**ADDRESS:** #219 Yubani Eccles, East Bank,  
Demerara, Guyana  
**EMAIL:** techsafeservicesgy@gmail.com  
**PHONE:** (592) 617-2511 | (868) 375-4690

---

## **STANDARD FIRST AID AND CPR COURSE STRUCTURE**

### **OVERVIEW**

This course is designed to provide the participant with the technical and practical training on the use and understanding of the principles of First Aid, CPR and AED.

### **TARGET AUDIENCE**

Emergency response teams, Safety personnel, Supervisors, and anyone who is desirous of learning life saving techniques

### **COURSE CONTENT**

- Basic Life Support
- Acting in an Emergency
- Check the Victim
- Recovery Position
- Choking (Responsive Victim)
- Heart Attack and Chest Pain
- Preventing Disease Transmission
- Bleeding and Wound Care
- Shock
- Burns
- Serious Injuries
- Bone, Joint, and Muscle Injuries
- Sudden Illness
- Poisoning

- Cold and Heat Emergencies
- Rescuing and Moving Victims
- AED- Automated External Defibrillator

Delegates will be given theoretical input as well as practical involving the use of manikins and bandages.

### **COURSE MATERIALS**

- Tuition Material – One (1) Text book
- Practical Sessions: Live Simulations (CPR, Bandaging, Rescue and Recovery moves etc.)
- Certification

### **COMPLIANCE**

The syllabus focuses on:

- Breathing and cardiac emergencies in adults, infants and children
- Identifying and caring for bleeding, sudden illnesses, and injuries, rescuing and moving victims
- Preventing disease transmission